

Oatmeal cookies

Ingredients

- ½ cup of MASECA®corn masa flour
- ½ cup of cornstarch
- · 1 cup of oatmeal
- 3 tablespoons of melted butter
- ¼ cup of sugar
- ½ cup of coconut

- ½ tablespoon of baking powder
- ¼ cup of amaranth
- 1 tablespoon of corn syrup
- · 1 egg white
- · 2 cups of water

Preparation

- 1. Preheat oven at 360°F and grease a baking sheet using one of the 3 tablespoons of butter.
- 2. With a mixer at low speed, mix the oatmeal, MASECA® corn masa flour, cornstarch, sugar, coconut, baking powder, and amaranth.
- 3. Incorporate egg, the rest of the butter, corn syrup and water until you obtain a homogeneous dough.
- 4. Make dough balls using your hands and place on the baking sheet, then press to form the cookie.
- 5. Bake from 20 to 25 minutes. The cookies are done when they are slightly golden brown on the top.

Tips: You can add raisins, craisins or chocolate chips.