



Chicken Nuggets

Ingredients

- 1½ cups of MASECA® corn masa flour
- 1 pound of ground chicken breast
- 3 ounces of cream cheese
- 2 eggs
- ½ teaspoon of salt
- 1 teaspoon of pepper
- ½ cup of breadcrumbs
- 4 cups of oil for frying

Preparation

1. Combine ground chicken breast, cream cheese, salt, and pepper. Mold into figures to make the nuggets.
2. Mix breadcrumbs and MASECA® corn masa flour. Beat eggs. Cover each nugget piece with egg and then cover with the MASECA® mixture.
3. Heat oil in large skillet and fry each nugget piece until golden brown. Remove from oil and place on paper towels to drain excess oil.