

Poblano pepper and cheese tamales

Ingredients

Tamale dough:

- 1.65 pounds of MASECA® Tamale corn masa flour
- 12.35 ounces of lard
- 34 tablespoon of baking powder
- · 5 cups of chicken broth
- · 4 tablespoons of chili ancho paste
- 15 corn husks for tamales
- · 1 teaspoon of salt
- Water to cover corn husks

Filling:

- 1.35 pounds of tomatoes
- 1 onion
- 3 garlic cloves
- 3 cilantro leaves
- 1 tablespoon of oil
- 3 poblano peppers, roasted, deveined, and sliced
- 1.1 pounds of manchego cheese, sliced
- · Salt and pepper to taste

Preparation

Tamale dough:

- 1. In a large mixer bowl, mix the lard until fluffy.
- 2. Add MASECA® Tamale flour with lard, chicken broth and season with salt.
- 3. Knead dough with your hands to integrate ingredients until obtaining a soft dough.

Filling:

- 1. Cook tomatoes and blend with garlic, onion, and cilantro.
- 2. In a hot pan, add oil and sauté poblano pepper strips.
- 3. Add tomato sauce to the poblano pepper strips and heat. Season with salt and pepper and boil for 10 minutes.

Tamale Assembly:

- 1. Soak corn husks in hot water with half teaspoon of salt overnight. Remove from water and drain.
- 2. Take a spoonful of tamale dough, place in the middle of a corn husk and spread evenly with a spoon in the middle of the corn husk making a thin layer. Add some of the salsa, poblano pepper strips and a slice of cheese on the masa and in the middle of the husk.
- 3. Close the husk overlapping the sides to the middle, and then fold upward the top portion of the husk.
- 4. Place tamales on the steam rack of a steamer pot. Close and cook until tamale comes off the husk when serving (approximately 1 ½ hours).

Tip: Serve tamales with table cream.