

Shredded beef tostadas

Ingredients

- 8 tortillas made with MASECA® corn masa flour
- 1.75 pounds of beef flank
- 1/2 onion
- 1/4 cup of olive oil
- · 3 tablespoons of lemon juice
- · 1 teaspoon of dried oregano

- 1 avocado, chopped
- 1 tomato, chopped
- 1 cup of lettuce, cut into thin strips
- 1 radish, finely sliced
- 2 tablespoons of cilantro, chopped
- Salt to taste

Preparation

- 1. Spread a little oil to tortillas made with MASECA® to prevent them from sticking.
- 2. Place the tortillas in a hot skillet and cook them until they are toasted and crispy. Flip the tortillas several times to ensure they cook evenly. Remove them from the skillet and set aside.
- 3. In a pot, add water and cook the beef flank with the onion at medium-high heat. Let cool and shred.
- 4. Combine olive oil, lemon juice, and oregano. Add the rest of the ingredients and the meat. Marinate for 30 minutes.
- 5. Serve the mixture on the tostadas and add salsa to taste.

8 servings